

Information on a chest X-ray examination for the international students.

【Objectives】

This examination aims to check if you have an infectious disease such as tuberculosis by taking a chest X-ray.

You will have opportunities to go visit some of the local elementary and Jr. high schools here at OKU. We need to take an extra action and do the exam in order to make sure you will not be a source of such infection.

Please note that all of the new international students have to take the exam since it would be after a few months you pass the medical check in your home country and we need to make sure you still don't have such infection.

【Effect of radiation】

Usually, this exam is believed to have a very little or no side effect. In case you are pregnant or have a possibility of being pregnant, please let us know in advance.

【Important Notes】

- Bring your OKU student ID card with your student number.
- Take off all jewelries and/or accessories that are made of or contain a metal.
- Change to a T-shirt (you can keep wearing a bottom wear). Take off your bra (for women only) since a metal and plastic in a bra can intervene the exam.
- You need to hold your breath during the exam. Please follow the examiner's instruction.
- The exam on campus is one time only. If you miss it, you will need to visit a designated medical facility on your own later. In that case, you will also need to pay for the transportation to the facility.

【Procedures】

Please see attached.

【Result】

- Result of the exam will be ready for you to pick up at the Health Center later. We will let you know via email, so please come to the Health Center when you receive an email from us. Please make sure to bring your student ID with you.
- If there is any abnormality, we will also contact you via email, please come to the Health Center right away.

【Procedures】

- ① **Present your student ID at the front desk and get a check-up card.**
- ② **Change to a T-shirt in a changing room. Please make sure to take off all jewelries and accessories at this point.**

(You will need to wear a plain T-shirt. If you forget one, you will wear a T-shirt we have.)



- ③ **Travel from the changing room to a medical exam vehicle. Follow the Health Center staff's instruction.**

(You can put a jacket or sweater on at this point.)

- ④ **We will have the exam in the vehicle. There will be a female staff and a male examiner in the vehicle. Please follow their instruction.**

- 1) In the vehicle, please take off your jacket or sweater (if you put it on) and a bra (for women only).
- 2) Stand in front of the X-ray table with wearing only a T-shirt (you can keep wearing a bottom wear).
- 3) Extend your arms forward like holding the X-ray table.
- 4) Wait still until the examiner gives you a sign and then take a deep breath and hold.
- 5) Keep still holding the breath until the examiner gives you a sign again.
- 6) After you are done with the exam, you can go back to the changing room and change.
- 7) You are done after changing your clothes and free to go.

Please take off

